



Family, Children & Youth Programs

Spring 2011

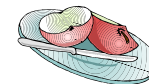
EARLY YEARS FAMILY DROP IN



For Families & caregivers with children

ages 0-6 years

**Mondays, Wednesdays & Fridays
9-11am (Starting in May)**

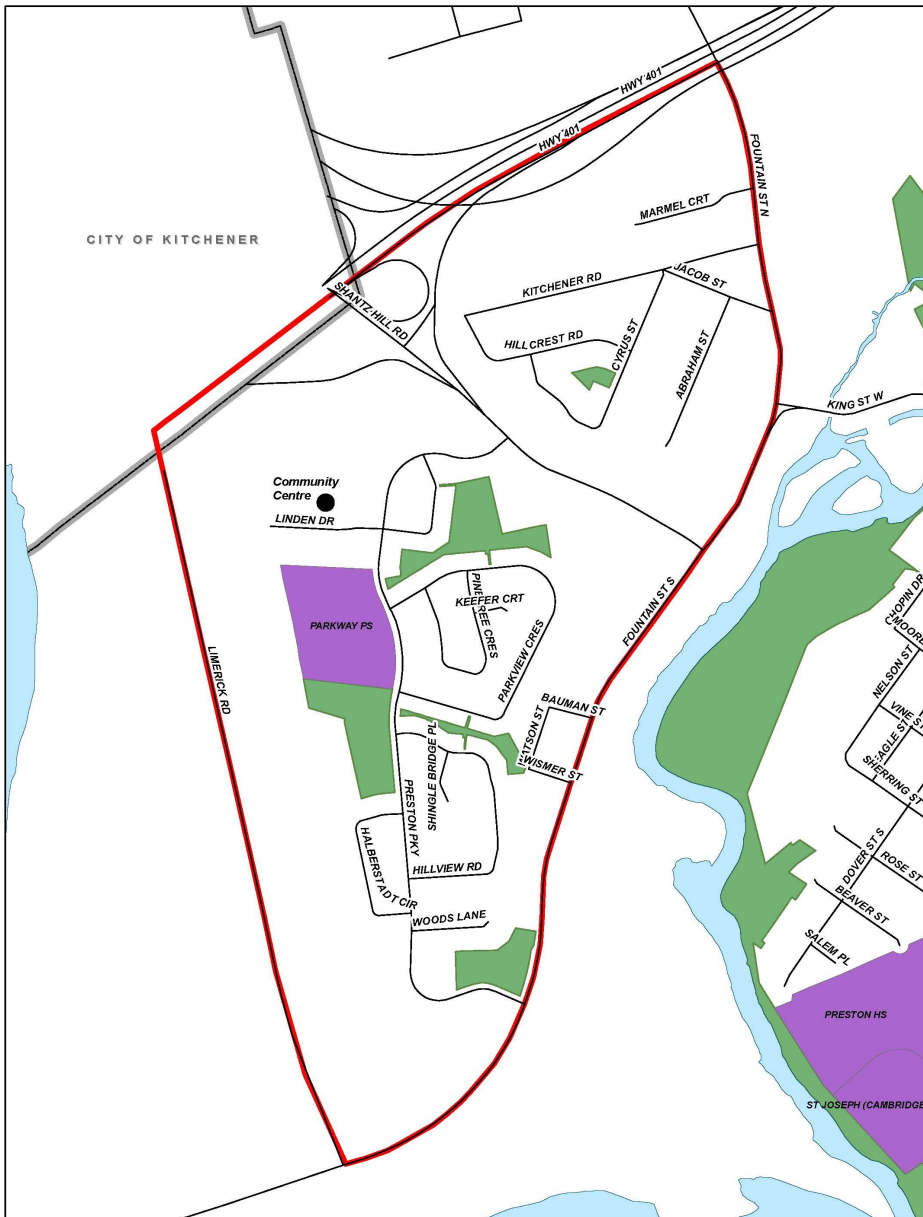


Our parent & preschool play and learn group offers creative activities, infant area, art, stories, singing, play skills and snack



You can join at any time, meet families from the neighbourhood participate as often as you like and help your child(ren) to play & learn.

**Many parenting resources available
Welcome bags for new families**



Preston Heights Community Group

Legend

- Preston Heights Neighbourhood Association
- Park
- Watercourse
- Municipal Boundary



PARENTING WITH PURPOSE

For families with preschoolers (ages 0-6)

**TUESDAYS
10:30am-12:00pm
April 12-May 31, 2011**

Talk together about the ups & downs highs & lows, challenges & rewards of being a preschool parent. Share your ideas and meet other parents in your neighbourhood. This **FREE** program includes parenting resources, possible child care, snacks and a little crafting.

Call the Centre to register

Preston Heights Community Group, 350 Linden Drive, Cambridge, ON, N3H 5N7
P: 519-650-2971 F: 519-650-1534 E: phcg@golden.net W: www.prestonheights.ca

Centre Hours: Monday 9am-5pm Tuesday 9am-8pm Wednesday-Friday 9am-5pm

Youth Summer Programs 2011

Registration Starts May 2nd
Registration Due June 2nd

@ the Centre 9-5pm Mon-Fri 350 Linden Dr. 519-650-2971

Age Group	Program	When	Where	Cost
Age 5-8	The Zone Day Camp	Mon.-Fri. 9:30-3:30	Parkway School: Drop Off Community Centre: Pick up	\$50/ week
Age 9-12	Afternoon Adventure Camp	Mon-Fri. 1:00-3:30	Parkway School	\$25/ week
Age 5-12	Red Wagon Program	Mon-Thurs 10:00-11:30	John Erb Park & Community Centre (<i>Thurs. only</i>)	Free
Age 9-14	The Club	Friday 10:00-11:30	John Erb Park	Free

Theme Weeks

Check out this summer's themes.

Week 1: July 4-8

Out of this World

Science fiction and space themed fun.

Week 2: July 11-15

Water Week

A favorite for sure. Just try and stay dry during this week. Come prepared to get wet. (& bring a towel to dry off).

Week 3: July 18-22

Retro Week

This week should be a blast from the past.. Plus we will be going on a **special trip** this week.

Week 4: July 25-29

Zany Zoo

Welcome the Zany zoo. Be an animal. Then compete at the "Neighborhood Challenge" where we will be competing against other neighborhood camps for a day to see who is the king of the jungle.

Week 5 Aug 2-5

Pirates of the Playground

Yo Ho! This week has a holiday on Monday but we make it up by going on an all day trip to **Bingaman's** this week.

Week 6: Aug 8-12

Adventures in Lost Civilizations

Explore ancient mysteries and ruins. Plus a **special trip** this week

Your are invited to a

COMMUNITY DINNER

Hosted by

GRACE BIBLE CHURCH

334 Preston Parkway, Cambridge

UPCOMING DATES

WEDNESDAY

APRIL 13, 2011

MAY 11, 2011

Come at 5:30pm-Dinner is served at 6pm

EVERYONE WELCOME

Adults, children, families and friends...

(Note: Children must be accompanied by an adult)

Get out of the house,

ENJOY A FREE HOME-COOKED MEAL,

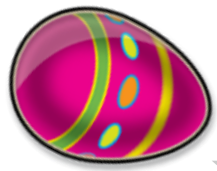
Meet some neighbours & be our guest

Hope you can make it!

For questions or further information, you can call the church

office at 519-623-7911 or

email at: info@gbccambridge.com



Easter EGG HUNT



Saturday April 23 at 2 pm

Lots of fun for all the children

All Welcome: ages 6 months to 14 years

Children must be accompanied by an adult

And be registered at the Center no later than

Thursday April 21st., at 4:00 pm.

NO registry will be accepted after this date and time.

Registration at Preston Heights Community Centre
350 Linden Drive or by calling 519-650-2971
between 9am—5:00 pm. (Tues. 9 am-8pm)

*Donations of Easter Candy and Small Prizes
gratefully accepted which help support this FREE event!*

If you would like to contribute

Please call:

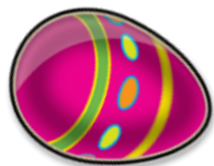
Sharron Lirette at 519-650-2971

Kathy Haskell at 519-653-8401 or

Cindy Rogers at 519-219-1445, 519-721-9998



We will be happy to make arrangements to pick up donations if required.



The Zone Day Camp

Ages: 5-8

Drop off: Parkway Public School

Pick up : Community Centre

Cost: \$50.00/ week

The Zone Camp program runs Mondays to Fridays from 9:30am to 3:30pm this summer. Each week has an exciting theme filled with fun and creative activities. Youth will spend the morning in the Parkway school gym and will walk with our staff to the air conditioned community Centre for lunch and the afternoon program.

Amazing Afternoon Camp

Age: 9-12

Location: Parkway Public School

Cost: \$25.00 a week

The AAC program runs Mondays to Fridays from 1:00pm to 3:30pm this summer. Each week has a different theme and a different adventure. As part of the AAC program campers will be going swimming once a week so come prepared with your bathing suit and towel.



LAST CHANCE

L.E.A.D. Program

LEAD is a 12 week leadership development program that include 2 weeks as a Leader in Training in our summer child & youth program

Registration due Tuesday April 5th!!!

Starting April 6th-Ending June 22nd

Cost: \$35

Ages 12-16

Endorsed by the City of Cambridge

Preston Heights Community Centre's
Spring Youth
Program Schedule 2011
 Starting April 4th to June 3rd 2011

Grade / Age	Program Name	When	Where	Cost
New Time Gr. SK-2	Kids Club	Tuesday 4:00-5:00 PM	Community Centre	\$1/day
Gr. SK-2	Gym Jump	Wed. 3:30-4:15 PM	Parkway P.S.	FREE
Gr. 3-4	Grade 3-4 Gym Night	Tues. 6:00-7:00 PM	Parkway P.S.	FREE
Gr. 3-4	Grade 3-4 Drop-In	Thurs. 3:45-5:15 PM	Community Centre	FREE
Gr. 3-4	Freaky Friday Drop-In	Fri. 3:45-5:15 PM	Community Centre	FREE
NEW Gr. 3-6	Ball Hockey	Mon 3:30-4:30	Parkway P.S.	FREE
Gr. 5-6	Grade 5-6 Gym Night	Tues. 7:00-8:00 PM	Parkway P.S.	FREE
Gr. 5-6	Grade 5-6 Drop-In	Thurs. 5:30-7:00 PM	Community Centre	FREE
Gr. 5-6	Freaky Friday Drop-In	Fri. 5:30-7:00 PM	Community Centre	FREE
Age 11-14 (Girls)	Girl Club	Thurs. 7:00-8:30 PM	Community Centre	FREE
Gr. 7-12	Teen Gym	Mon 6:00-8:00 PM	Parkway P.S.	FREE
Gr. 7-12	Teen Drop-In	Wed 6:00-8:00 PM	Community Centre	FREE
Gr. 7-12	Freaky Friday Drop-In	Fri 7:00-9:00 PM	Community Centre	FREE

NEW

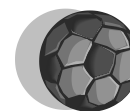
Ball Hockey (for grades 3-6)

Drop-in right after school to play some pickup ball hockey. We will be playing in the gym at Parkway Public Scholl. Equipment is provided



Kids Club (For grades SK-2)

Where is everyone? Why they are at the Kids Club and you are invited to take part in the fun. Games, snack and crafts just for **Grades SK to 2** after school on Tuesdays. Lots of fun for all from 4:00-5:00. This is a great way to meet new friends.



Gym Jump (For grades SK-2)

Hurdle on down to the Parkway Public School Gym after school on Wednesdays for a *hoppin* time. We will be playing active games that will get your heart to *skip* with laughter. Your *bound* to have a good time and leave with a *spring* in your step.



Drop-In / Freaky Fridays

Come out each week to the popular Drop-In programs for youth and teens. Come out to play pool, Game Cube, fosse-ball and of course **our famous fabulous special events each week** or just hang out. Check the chart above times.



Gym Night

Come inside into the open gym programs at Parkway P.S. features basketball, hockey, group games and other physical activities. This is a great opportunity to have some active fun. Check the chart above for ages and times.

Girl Club (Age 11-14 years)

This program is just for girls and is filled with fun and exciting activities that you help plan. Some of the events can include hip-hop dance, spa night or even going to the theatre. Meet some friends and work together as a team. It's your club so come out and help plan each week's activities.

